

Feel the difference

Take Care of Your Mind



Introducing MindWorks™

Think fast ... Stay sharp

The brain's neural connections start declining as early as age 20. By age 45, this decline occurs even more rapidly, which may lead to increased frequency of **forgetfulness, poorer concentration & slower reaction times.**

How's your memory and focus?

MindWorks contains nutrients shown in laboratory studies to promote the formation of new neural connections in the brain, and shown in a clinical study to reduce brain shrinkage rate. MindWorks contains key ingredients that have three important benefits:

- **Immediate improvement in memory and focus; 3X better than the control group.**
- **Protect against age-related mental decline by reducing brain shrinkage rate by 30% over two years.**
- **Support circulation and delivery of oxygen and nutrients to the brain.**

3X BETTER
MEMORY & FOCUS
IMPROVEMENTS
THAN CONTROL



Memory

30% LESS
SHRINKAGE
RATE OF THE BRAIN



Brain Shrinkage

DESIGNED FOR
HEALTHY
CIRCULATION



Circulation

Note

The Shaklee Difference

- Powered by an exclusive polyphenol blend from chardonnay seed extract ONLY available to Shaklee and made with a patent pending extraction process that concentrates specific polyphenols that positively impact blood vessel function and are clinically proven to be more bioavailable than those used in non-Shaklee products.
- Unlike energy products that use caffeine-spiked guarana, Shaklee sourced guarana for a specific polyphenol blend. One serving of MindWorks contains less caffeine than a medium cup of decaf

23rd Psalm ... remembered

"For at least 28 years Bruce and I have said the 23rd Psalm together at bedtime. I know it was at least that long because our youngest daughter Sarah, who is 28, could say it by the time she was two from listening to us. In recent months, even though we had said it every night for so long that you'd think it would be automatic, we found ourselves struggling and grasping to remember what came next. I

blamed it on my stressed out overtired caregiver brain. Two weeks ago we started using Shaklee's new MindWorks product. On day seven Bruce said to me, "Did you notice that we said the whole 23rd Psalm right through without hesitation?" Ever since then, we've said it smoothly, without any struggle to think of what comes next!! "

Mary Jackson

Professor Struggles with PTSD, ADD, CLINICAL DEPRESSION, POOR SLEEP

I tend to shy away from testimonials, not that I don't find them meaningful. It's just that they are not scientific and being in academia for over 30 years, I consider reports complete with empirical data published in peer reviewed journals to be the most valid. However, when something works well, I am more than happy to pass it along to my friends; Ok, I found one – it's called MindWorks. First allow me to confess that I am the Queen of **ADD** and have been all my life. Where are my books? Shoes? Glasses? Sit still. After a while one learns to live with it and exchanges the label "ADD" with "multitasking" to save face. The fact that my students call me "Professor" still is a mystery to some – including me at times.

When Shaklee announced the new MindWorks I was thinking, "Ok perhaps it will help my failing memory, make me young again, and allow me to wear my 3 inch heels". Putting humor aside, I can tell you memory loss was really starting to bother me. I was pushing 60 and expecting some loss of cognition, but I also knew I was dealing with issues far beyond that - and it frightened me. You see, from age 46 to 56 I had lived in an extremely stressful state. I had the usual stress that came from getting a divorce, losing home, income, dealing with a hormonal teen, caring for aging sick parents, dying friends, etc. All came to a screeching halt however when my only child, my son, was almost killed in a car accident 4 years ago. He was on life support for a week, 27 broken bones and having the nurse tell us they didn't know what his 'new normal' would look like. My world stopped and I could not breathe. After 3 weeks of hospital vigilance we saw he would live and I found myself back in the classroom standing in front of my students who were waiting for the lecture de jour. Only one problem – I didn't know where I was or what I was supposed to be doing. I found myself frozen as a deer caught in the headlights first day back. I knew I was in class, but that was about it. Lucky for me, my lectures were posted on-line so I pulled it up and hoped I was on point. It was scary. My therapist told me afterwards it was classic **Post Traumatic Stress Disorder** and that it would take time for my memory to come back. Great.

As the years went on, I saw my memory slowly resurfacing but still I was at half the recall of what I was before the accident. Then **MindWorks** came along from Shaklee.

Long story short: The first day of taking MindWorks I felt a gentle mental awakening with more clarity but I wasn't really paying too much attention to results. Then one day, the same week, in class I found myself on the other side of the room – totally engaged in the subject realizing I had just taught 30 minutes without looking at my notes! Next day – same thing! Whoot whoot!!! Later the next week I found myself working well into the afternoon and actually making sense which had become a rarity past 4PM. **Energy – clarity – focus!** The results were enough to make me a believer!!

But what I noticed next came as treasured surprise. You see, along with all the stress of those hard years came a certain level of **clinical depression**. My doctors told me that one cannot sustain those levels of stress without having the pool of 'feel good' brain chemicals bottom out. To remedy it I was given the usual round of Rx's but they didn't help: Prozac turned me into a zombie and Welbutrin made me a raging lunatic - according to my son. Nope - I settled on St. Johns Wort much to the chagrin of my MD as she said it would never get my brain chemistry back to the high levels needed to feel joyful again. It helped – a little - but I had resigned myself to the fact that I may never have those light peace-filled feelings again. Well this past week I have noticed a joyful bliss creeping back into my mornings. One morning after a calm read the joy fairy just kind of settled in and a tear of gratitude rolled down my face. Yes, there was a way out of the brain dead pit – and it seems to be called Mindworks. At least it was for me. So there you go my friends: my testimonial. I am **sleeping better** too. My retention of facts and focus keeps getting better. I am tickled pink to get my brain back!!



Susan H



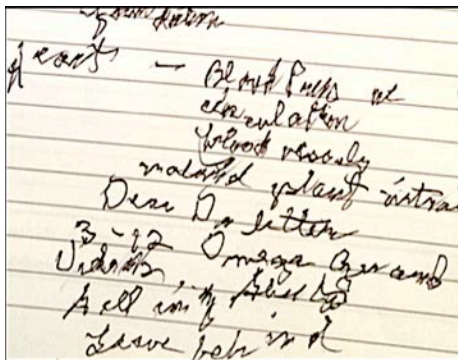
ESSENTIAL TREMORS

Background: My mother was diagnosed with Benign Essential Tremor at age 60. My 2 sisters and myself developed hand tremors at age 60. My hand tremors progressed to the point that I could not eat soup with a spoon, or hold a cup of coffee with one hand. I resorted to soup in a mug and holding my coffee with both

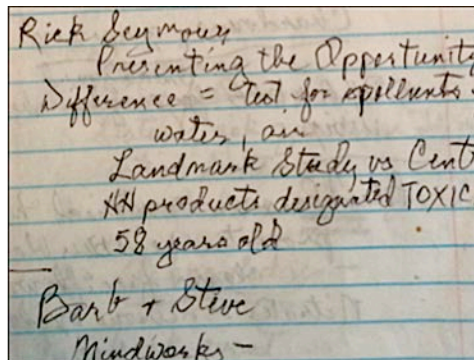
hands. My handwriting got messier, especially under stress or being tired.

I began searching for a Shaklee solution. In August 2014 Shaklee MindWorks came to market. I started taking 1 a day. There was no remarkable difference. When I started the second bottle in mid-September I decided I would take 2 a day, 1 in the morning and 1 at night. I noticed less hand tremor (others noticed too) and improved handwriting.

Below are examples of my writing before and after MindWorks. The "before" notes were written at the Shaklee conference and the "after" notes were written at another meeting a little over a month later. The two situations were very similar in that I was taking notes as speakers presented, writing in a notebook on my lap. Beverly Willingham



Before



After

FOCUS and SLEEP

MindWorks has helped me focus much better at my job. I have been able to concentrate better and feel less stress at work. My job is in sales, so your patience can be tested a lot during the day helping customers that are hard to deal with. MindWorks gives me a new calm at work and now I feel at peace.

I also have trouble sleeping at night. I often wake up every hour, but usually fall asleep again. MindWorks helps me to sleep in longer intervals. Now, instead of waking up every hour, I sleep in blocks of 3-4 hours at a time. I love MindWorks! Mike Lucas

Your MindWorks/Shaklee Distributor:

RESULTS

SLEEP:

I have had problems sleeping my entire life. My sleep has greatly improved with MindWorks

Victoria Chase

STROKE:

I started taking MindWorks last week and I can tell you for certain my energy level has increased greatly! I suffered a stroke this past January and my recovery has gone well, but since taking MindWorks not only has my energy level increased but I have also greatly increased the use of my right arm and hand! I have to admit I was a little skeptical but it is definitely something I would highly recommend to everyone! Jeff

From Larry's wife: Larry had a stroke a few years ago resulting in memory and speech impairments. After using MindWorks for less than one month he sat down at the organ, played a song and remembered the notes. Others around him have remarked that his speech is improving. Now that is what I call exciting news!

RESTLESS LEG (RLS):

My mom has severe Restless Leg Syndrome - it runs in her family and I have it too. She says that MindWorks is helping her RLS tremendously. When we researched RLS a bit more it says that it is caused by a disruption in the brain, the same disruption that causes Parkinson's, and that people with Parkinson's also often have RLS.

DEPRESSION and BIPOLAR

I have been on an anti-depressant since my husband died a few years ago called Lexapro, but I weaned myself off of it for eight months and then I had to go back on it when confronting several stressful situations all at one time. After being on MindWorks for three weeks, I noticed I was feeling more uplifted and happier so I cut my anti-depressant in half and after a month and a half, I decreased it down to a quarter and I am in the process of going off the Lexapro completely by taking two MindWorks plus the Shaklee Moodlift product. So now I am on one MindWorks in the morning and one at supper and feeling like my old self again.

Dolores Mauk

BI-POLAR ... as told by Dolores Mauk

My daughter Linda Wiley was diagnosed with Bi-Polar when she was 19 and even though she is on 20 Mg. of Sapphris a day, she still had bouts of depression and anger every week or two and always was worse right before and during her period. She took Shaklee supplements on a somewhat regular basis all her life, so when MindWorks came out, we added that to her regimen.

It was after a month on one MindWorks a day, we noticed that she wasn't having as many outbursts of anger and we especially noticed that she was only irritable for one day

before her period and not during it. We started paying more attention and decided to add another MindWorks ... taking one in the morning and one after supper and saw that by her next period she sailed right through without her usual mood irritability and anger. We also noticed that after being on two MindWorks a day for a month, whenever she would have problems, she was able to calm down within 20 to 30 minutes instead of it lasting for 24 hours.

She will continue taking two MindWorks a day along with her drug Sapphris to see if she can stop having any outbursts in a whole month. That would be wonderful for her and me and our whole family.



Thank you Shaklee for your years of research and dedication to discovering some of the secrets to how our brains function!

BRAIN FOG -- SLEEP

I'm really excited about MindWorks ... I think one of the greatest features about it is that it has both short-term and long-term benefits.

As far as my own experience:

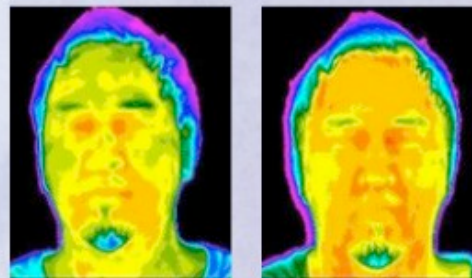
- 1. I felt the immediate improvement in clarity ... brain fog is not so frequent now and much less intense*
- 2. when I am sleepy because of lack of rest, I feel the tiredness, but I don't get the brain fog ... I just feel tired and recognize that I need a nap*
- 3. my sleep is incredible ... I sleep much more soundly and thoroughly now, even when I have things weighing on my mind, I wake up feeling more consistently "ready to go"*

*Anson Kibby
(Senior Systems Engineer)*

MINDWORKS & CIRCULATION

Rapidly impacts circulation by 1 hour*‡

A pilot study showed that, after just one use, a key ingredient enhanced healthy circulation, which is fundamental to brain function.*‡



Before

After 60 minutes

This study measured skin temperature with infrared photography. Skin temperature reflects circulation (blood flow).